

Do scary thoughts feel really sticky in your brain, or do things just not feel right a lot? Do you do things to try to make those thoughts or feelings go away?



You've come to the right place! This **OCD Screener** is a quick way to help kids just like you figure out what might be going on.

This screener is a printable version of the ultra-brief 5-question version of the OCI-child version (OCI-CV-5) for youth. This measure has been shown to be psychometrically valid in research studies - in other words, it is able to accurately assess the likelihood of whether an individual has OCD or not - while still being ultra-brief, thus making it an ideal assessment measure for screening.

If you would prefer an online version of this screener, please visit: <https://iocdf.org/screener/>

More detail on the screener below:

The OCI-CV-5 is for youth (under age 18yo):

- It has 5 items for which you will report how often you experience it.
- Each "frequency" gets a score (0-2), which are then added together for a total score.
- A total score of greater than 2 means OCD is likely and further diagnostic assessment is recommended.
- For more information, refer to:
 - Abramovitch, A., Abramowitz, J.S., McKay, D., Cham, H., Anderson, K.S., Farrell, L.J., Geller, D.A., Hanna, G.L., Mathieu, S., McGuire, J.F., Rosenberg, D.R., Stewart, S.E., Storch, E.A., & Wilhelm, S. (2022). An ultra-brief screening scale for pediatric obsessive-compulsive disorder: The OCI-CV-5. *Journal of affective disorders*, 312, 208–216.
<https://doi.org/10.1016/j.jad.2022.06.009>

REMEMBER: A screening tool is not an official diagnosis, which can only be made by a licensed mental health professional. Whatever results you receive from the screener, we encourage you to share them with a licensed mental health professional. The International OCD Foundation, sponsors, partners, and advertisers disclaim any liability, loss, or risk incurred as a consequence, directly or indirectly, from using and applying this screening tool.

The Obsessive-Compulsive Inventory - Child Version - 5-item (OCI-CV-5)

For use in youth under the age of 18 years old.

Read each of the following sentences carefully and tell us how much it has happened to you **in the last month**. If it never happens to you, select the word "never." If it sometimes happens to you, select "sometimes." If it happens to you almost always, select "always."

This is not a test, so there are no right or wrong answers.

Even after I'm done, I still worry that I didn't finish things.	Never	Sometimes	Always
I need things to be a certain way.	Never	Sometimes	Always
I need to count while I do things.	Never	Sometimes	Always
I wash my hands more than other kids.	Never	Sometimes	Always
I get upset by bad thoughts that pop into my head when I don't want them to.	Never	Sometimes	Always

FOR CLINICIAN USE:

The OCI-CV-5 is scored on a 3-point Likert scale - never = **0**, sometimes = **1**, always = **2**. Scores are generated by adding the item scores. The possible range of scores is 0–10.

Recommended total cutoff score is **2**, with scores at or above this level indicating the likely presence of OCD and that further diagnostic assessment is recommended.

PATIENT SCORE: _____

NEXT STEPS:

- Internal referral, to: _____
- External referral (visit iocdf.org/find-help)
- Patient/family education (visit kids.iocdf.org)
- Other: _____
- _____
- _____
- _____
- _____
- _____



International
OCD
Foundation